

ASRA 2023 Hike Schedule (Latest Date on Top) (*Past Events in Italics*)

Date, Day	Trail	Hike Info	Meeting Info	Leader
<p>Thursday December 21, 2023</p> <p>10:00 am</p>	<p>Short Course: Haul Rd trail (paved extension of St. Florian Dr)</p> <p>Long Course: Haul Rd (same as above) plus sections of Salt Creek Loop, Secret, Olmstead Loop, Ranch Rd trails</p>	<p>Celebrating Winter Solstice Join us for a hike on the first official day of winter and shortest day of the year:</p> <p>Short Course: an easy 3 mile out-and- back walk that is also wheelchair and stroller friendly.</p> <p>Long course: a moderate 5-mile loop on pavement, rough ranch roads, and single-track trail. We'll depart the short course group at their turnaround to make a northerly loop through rolling terrain of pine and oak woodlands, past Salt Creek, old ranches, a pond, and a nice view, then retrace our steps ½ mile to our start.</p>	<p>Meet at 10:00 am at main Olmstead Loop parking lot behind the fire station off Hwy 49 (7200 St. Florian Dr, Cool). Parking \$10 cash or free with park permit.</p> <p>Bring water, optional trail snack, and essentials.</p> <p>Friendly dogs on leash welcome. Rain cancels. No need to RSVP.</p>	<p>Leads: Joe Shanahan (530) 745-2202</p> <p>Peggy Egli (530) 718-0448</p>
<p>Friday December 1, 2023</p> <p>10:00 am</p>	<p>Lake Clementine Access Trail</p>	<p>This trail is the park's only route down to the "mid-section" of Lake Clementine - above the dam but below the day use area. A nicely graded service road, it offers good views of Lake Clementine, limestone outcroppings, and various habitats as it descends to a cove mid-way along the shoreline.</p>	<p>Meet 10:00 am at the parking pullout at the intersection of Foresthill and Old Foresthill Roads. Coming from Auburn on Foresthill Rd, it is 3.1 miles from the signal light at Lincoln Way x Foresthill Rd. Look for the pullout on your right, just before the intersection with Old Foresthill Rd.</p> <p>Bring water, optional trail snack,</p>	<p>Peggy Egli 530-718-0448</p>

		Moderate pace, 3.2 miles out-and-back trail. We'll take a break at the water before climbing 1.6 miles and 784' back up to our start. Plan on about 3 hr.	and essentials. No dogs. Rain or AQI > 100 cancels. No need to RSVP.	
Friday November 17, 2023	Clementine Dam Trail	Fri Nov 17: Clementine Dam, 7:00 am (4 mi, easy-mod). Join CBS13's "Good Day Sacramento" camera crew for "National Take a Hike Day".	Meet by 7:00 am at the Confluence kiosk.	Cathie Rohlfes (916-667-6906)
Saturday November 11, 2023	WST-Stagecoach-Manzanita loop	Autumn Colors/WST-Stagecoach-Manzanita loop, 9:00 am (4.5 mi, mod-diff). Celebrate the changing of the seasons and fall colors throughout the American River Canyon. Includes 700' elevation gain.	Meet at park HQ by 9:00 am. Friendly dogs on leash OK. Rain cancels. Joe Shanahan (530-745-2202).	Joe Shanahan (530-745-2202)
<i>Friday October 27, 2023</i> <i>9:00 am</i>	<i>Catecroft, Olmstead Loop, and Rim Trails</i>	<i>Hike the south portion of Olmstead-Knickerbocker area. Our 5.5-mile route will pass alongside one of Olmstead's larger ponds, dip down into lower Knickerbocker Creek, follow the canyon rim with its filtered river views, visit the small ruins of Lukens Mine, and return via old ranch roads. Its three stream crossings ought to be fairly easy in Fall. There is a short section of steeper down/uphill trail (107' elev in 0.2 mi) where Olmstead Loop crosses lower</i>	<i>Meet at 9:00 am at main Olmstead Loop parking lot behind the fire station off Hwy 49 (7200 St. Florian Dr, Cool). Pass/\$10 for state parking, or park in nearby business area. We will convoy (opt. carpool) south to the pullout at the trailhead. OR meet at 9:15 at the Catecroft trailhead.</i> <i>Bring water, optional trail snack, and essentials. No dogs. Rain or AQI > 100 cancels. No need to RSVP.</i>	<i>Peggy Egli 530-718-0448</i>

		<p><i>Knickerbocker Creek above Knickerbocker Canyon.</i></p> <p><i>Moderate pace, 5.5 miles and a total (mostly dispersed) climb of 470'. Plan on 4-5 hrs.</i></p>		
<p><i>Sunday, June 11, 2023 - Roads of the Gold Fields</i></p>	<p><i>Grizzly Bear House Trailhead to Foresthill Divide Loop</i></p>	<p><i>On this moderate 4 mile out and back, discover historic stage coach routes dating back to the 1860s and hear tall tales from the past.</i></p>	<p><i>Meet at 09:00 A.M. the Grizzly Bear House Pullout on Foresthill Road. Parking \$10 cash only. We recommend arriving early, dressing in layers, wearing sun protection, wearing comfortable walking shoes, and bringing plenty of water and snacks.</i></p> <p><i>Rain or shine, dogs on 6' leash ok. No need to RSVP.</i></p>	<p><i>Joe Shanahan, for inquires (530) 745- 2202</i></p>
<p><i>Friday June 9, 2023</i></p> <p><i>8:00 am</i></p>	<p><i>Quarry, Wendell T Robie, Shortcut, and Western States Trails</i></p>	<p><i>This moderate-paced 6-mile hike makes a loop around a portion of Hwy 49 between the Confluence and Cool. It offers sights of the Middle Fork, shaded and lushly vegetated north-slope trails, mossy streams, and glimpses of past and current limestone mining operations.</i></p> <p><i>Starting on the wide, fairly level Quarry Trail, we'll turn off uphill at Murderer's Bar and climb about 700' in 2 miles, then descend an easy 2 more miles to our start. Plan on about 5 hrs.</i></p>	<p><i>Meet at the Quarry Trailhead Parking Lot by 8:00 am. From Auburn, the left turn down to the lot from Hwy 49 is appx 0.3 miles past the S end of the bridge. Parking fee \$10 (cash only) or free with Park pass. Or find free parking in marked spaces along Hwy 49 south of the bridge.</i></p> <p><i>Bring plenty of water, optional trail snack, and essentials. Expect mosquitoes and abundant poison oak (long pants best). No dogs.</i></p> <p><i>Heat advisory or AQI > 100</i></p>	<p><i>Peggy Egli</i></p> <p><i>530-718-0448</i></p>

			<i> cancels. No need to RSVP.</i>	
<i>Friday, May 19, 2023</i>	<i>Flora and History of the Quarry Trail</i>	<i>On this easy 3 mile out and back, learn about the diverse flora of the Quarry Trail. Also learn about the rich geologic and mining history of the Hawver Limestone Lens.</i>	<i>Meet at 09:00 A.M. at the Quarry Trailhead. Parking is \$10 in the Quarry Lot, or free along HWY 49. We recommend arriving early, dressing in layers, wearing sun protection, wearing comfortable walking shoes, and bringing plenty of water and snacks.</i> <i>Rain or shine, dogs on 6' leash ok. No need to RSVP.</i>	<i>Emily Kinsey, for inquiries (530) 745-2202</i>
<i>May 12, 2023 Friday 9:00 am</i>	<i>Lake Clementine Trail</i>	<i>Our 5.2 mile out-and-back route has 755' total climb (mostly gradual) and a moderate pace. Plan on 4-5 hr. Most of trail is wide gravel but there are narrow or steep rocky sections below the Foresthill Bridge and near the dam.</i> <i>We'll pass under the high Foresthill Bridge, see remnants of historic bridges, and enjoy spring blooms along the trail to North Fork Dam. Built to contain hydraulic mining debris, nowadays we enjoy its "rainbow falls" and beautiful Lake Clementine. If time and interest, we'll check out the nearby marina before heading back.</i>	<i>Meet 9:00 am by the ASRA kiosk at the Confluence (on Old Foresthill Road a bit north of the Hwy 49 bridge). Parking \$10 or Park Pass. Bring essentials including plenty of water.</i> <i>Rain or heat advisory cancel. No dogs. No need to RSVP.</i>	<i>Peggy Egli 530-718-0448 (c)</i>

<p>Saturday April 22 2023 9:00 AM</p>	<p>Quarry Trail</p>	<p><i>This is a 2+ mile hike past the Quarry area enjoying the 7 or 8 different oak species that are along this trail. Also we will be seeing many species of wildflowers and other plants. The plant list for the trail will be available. We will return the same way so it is a 4 mile easy hike.</i></p>	<p><i>Meet by 9:00 am at the gate at the far end of the Quarry parking lot. Bring water, optional trail snack, and essentials. Hand lens and plant guide books are helpful and optional. Plan on about 3 hours.</i></p> <p><i>No dogs. Rain cancels. No need to RSVP.</i></p>	<p><i>Diane Cornwall (c) 805-279-2906</i></p>
<p>Friday April 21, 2023 9:30 am</p>	<p>Foresthill Bridge to Lower Clementine Rd semi-loop</p> <p>Fuel Break and Connector trails</p>	<p><i>This 5-mile, moderate-paced semi-loop hike through varied habitats starts with an 0.7 mile, 400' climb up from the east end of Foresthill Bridge. Reaching the ridgetop, the rest of the terrain is an easy-moderate mix of fire trail and narrow path. We'll look for recovery of plant and animal life in the 2021 Bridge Fire burned area, continue on through unburned chaparral and shady pine-oak woodland, and make a loop around the upper section of Lower Clementine Road before returning back down the ridge.</i></p>	<p><i>Meet by 9:30 am at the pullout on the east end of Foresthill Bridge. The pullout is on the north side of the road. Coming from Auburn, cross the bridge and carefully cross the oncoming lane to park in the pullout (or continue on to find an easier spot to turn around, then head back to the pullout).</i></p> <p><i>Parking is free. Bring water, optional trail snack, and essentials. Plan on about 4-5 hr.</i></p> <p><i>No dogs. Rain cancels. No need to RSVP.</i></p>	<p><i>Peggy Egli (c) 530-718-0448</i></p>
<p>Friday March 17, 2023 9:30 am</p>	<p>North Knickerbocker Area – Cool</p> <p>Sections of Ranch Rd, Olmstead Loop,</p>	<p><i>Moderate-paced 5.5-mile loop hike with 670' of elevation. Learn about some past landowners here and why this part of ASRA is called the "Knickerbocker" area.</i></p>	<p><i>Meet at 9:30 am at parking lot in Cool behind the fire station off Hwy 49. Bring pass or \$ for state parking fee. You can also park in business area near road and walk</i></p>	<p><i>Peggy Egli (c) 530-718-0448</i></p>

	<p><i>Shortcut, and WTRobie trails.</i></p>	<p><i>We'll cross through rolling oak grasslands, pass historic ranches, and visit a nice lookout point, then most likely cut back south via an old pond on our return.</i></p> <p><i>Expect sections of muddy and wet trail.</i></p>	<p><i>back to meeting area.</i></p> <p><i>Bring water, essentials, and snack if you wish. Wear shoes with good traction. Plan on 4-5 hrs.</i></p> <p><i>No dogs. Rain cancels. No need to RSVP.</i></p>	
<p>Friday March 10, 2023</p> <p>9:30 am</p> <p>POSTPONED to</p> <p>March 17, 2023</p>	<p>North Knickerbocker Area—Cool</p> <p>Sections of Ranch Rd, Olmstead Loop, Shortcut, and WTRobie trails.</p>	<p>Moderate-paced 5.5-mile loop hike with 670' of elevation gain including two short, steep ascents. Learn about some past landowners here and why this part of ASRA is called the "Knickerbocker" area. The first half crosses rolling oak grasslands, passes historic ranches, and offers a broad lookout point (weather permitting). We then descend a ravine, turn east to climb over a ridge, and meet the WTRobie trail again near Hwy 49. We'll pass a spring on our short but tricky climb up from 49, then return to rolling terrain and back to our start.</p> <p>Expect sections of muddy and wet trail. The trail along our last 0.2-mile, 200' steep climb up from Hwy 49 is slippery, rutted, and in poor condition.</p>	<p>Meet at 9:30 am at parking lot in Cool behind the fire station off Hwy 49. Bring pass or \$ for state parking fee. You can also park in business area near road and walk back to meeting area.</p> <p>Bring water, essentials, and snack if you wish. Wear shoes with good traction. Plan on 4-5 hrs.</p> <p>No dogs. Rain cancels. No need to RSVP.</p>	<p>Peggy Egli (c) 530-718-0448</p>

<p>Friday February 3, 2023</p> <p>10:00 am</p>	<p>Oregon Bar loop</p> <p>China Bar and Oregon Bar Roads / Cardiac Bypass, Cardiac and Shirland Canal Trails</p>	<p><i>This 5.5-mile, moderate-paced loop hike to Oregon Bar is a relatively easy hike down, and a difficult return.* Knickerbocker Creek's falls and cascades on the other side of the river are visible from several points on the way down. We'll look for early wildflowers and enjoy a snack/lunch break at Oregon Bar.</i></p> <p><i>We climb 869' back up from the river, at first via the moderate Cardiac Bypass trail, and then 0.5 miles and another 400' up the very steep and rocky Cardiac Trail, finally emerging onto the easy Shirland Canal trail that takes us back to our start.</i></p> <p><i>*There are two options to avoid all or half of the steepest section by leaving the group and returning via the paved road.</i></p>	<p><i>Meet 10:00 am at ASRA's China Bar entrance parking lot, 490 Maidu Drive in Auburn. Parking \$10 or find nearby free parking on Maidu.</i></p> <p><i>Bring water, optional trail snack, and essentials. Wear shoes with good traction. Plan on about 5 hrs.</i></p> <p><i>No dogs. Rain cancels. No need to RSVP.</i></p>	<p>Peggy Egli (c) 530-718-0448</p>
<p>January 6, 2023Friday</p>	<p>Ranch Road/ Olmstead Loop/ Secret/ Salt Creek/ Knickerbocker Creek</p>	<p><i>Our 5 ½ -mile route makes a large loop through the northern section of the Olmstead-Knickerbocker area, passing through oak grasslands, chaparral, and pine woodlands. We'll look for signs of spring, see evidence of early and more</i></p>	<p><i>Meet at 9:30 am at Olmstead Loop Trailhead parking lot in Cool behind the fire station of Hwy 49 (7200 St. Florian Ct). Bring pass or \$10 for state parking fee. You can also park in business area near road and walk back to meeting</i></p>	<p>Peggy Egli 530-718-0448 (c)</p>

		<p>recent human activity, and (weather permitting) enjoy distant views.</p> <p>Mostly easy-moderate trail, 5 ½ miles with 571' elevation gain including one 0.6-mile, 300' climb. Be prepared for possible muddy, wet, or grassy trail sections and a somewhat tricky water crossing (Olmstead Loop at Salt Creek). Plan on ~ 4 hrs and a moderate pace.</p>	<p>area.</p> <p>Bring water, optional trail snack, and essentials. Shoes with good traction advised.</p> <p>No dogs. Rain cancels. No need to RSVP.</p>	
Jan 1, 2023	Quarry Trail	<p>To kick off the new year we will hike out n' back totaling 3 miles on easy, flat terrain. We'll discuss flora and fauna of the north facing slope of the Middle Fork Canyon and history of the Hawver Lens of Limestone. Wheelchair and stroller friendly.</p>	<p>Meet at the <u>Quarry Parking Lot</u> at 10:00 A.M.</p> <p>Rain or shine – Check conditions and prepare accordingly.</p> <p>Dogs on leash welcome</p>	<p>Joseph Shanahan joseph.shanahan@parks.ca.gov (530) 745-2202</p>